



**SOMAIYA**  
VIDYAVIHAR UNIVERSITY

K J Somaia Institute of Dharma Studies

## **Syllabus**

**Certificate Course  
In  
Introduction to Buddhism**

**From  
Academic Year 2019 – 20**

**Revision 1**

**Centre for Buddhist Studies  
K J Somaia Institute of Dharma Studies  
Somaia Vidyavihar University, Vidyavihar (E), Mumbai-77  
(Constituent Academic Unit of SVU)**

**Eligibility:** HSC or equivalent Exam

**Duration :** 6 months

**Credit Scheme**

<b>Course Code</b>	<b>Course Name</b>	<b>Teaching Scheme (Hrs.) TH – W – TUT</b>	<b>Total (Hrs.)</b>	<b>Credits Assigned TH – W – TUT</b>	<b>Total Credits</b>
132C21C101	Course I	02– 0 – 0	02	02– 0 – 0	02
<b>Total</b>		02– 0 – 0	02	02– 0 – 0	02

**Examination Scheme**

<b>Course Code</b>	<b>Course Name</b>	<b>Marks</b>		
		<b>CA</b>	<b>ESE</b>	<b>Total</b>
132C21C101	Introduction to Buddhism	<b>70</b>	<b>30</b>	<b>100</b>
<b>Total</b>				100

**Continuous Assessment (CA) may include combinations of – presentations, viva, journal, assignments etc. The combinations will be informed to the students at the beginning of the course by respective teachers.**

**Course Objectives**

This course is designed for beginners who seek an introduction to Buddhism, specifically Theravada Buddhism. It is also useful for Dharma practitioners who seek to understand Indian Buddhist history, the magnificent heritage sites in Maharashtra and the contributors to the revival of Buddhism in modern India.

**Course Outcomes**

**At the end of successful completion of the course the student will**

1. Have a good grasp of the basic concepts of Buddhism.
2. Have an appreciation of Indian Buddhist heritage.
3. Gain insight into efforts that led to the revival of Buddhism in India.

<b>Module No.</b>	<b>Unit No.</b>	<b>Topics</b>	<b>Hours</b>
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<b>1.0</b>		<b>Life of the Buddha: From Pali and other sources</b>	<b>4</b>
<b>2.0</b>		<b>Teachings of the Buddha:</b>	<b>6</b>
	2.1	Four Noble Truths and the Noble Eight-fold path	
	2.2	Dependent Origination	
	2.3	Karma and Rebirth, Three Characteristics of Existence	
<b>3.0</b>		<b>Path and Goal</b>	<b>2</b>
	3.1	Buddha and Bodhisattva, Four Paths and Fruits	
<b>4.0</b>		<b>Buddhist Literature:</b>	<b>2</b>
	4.1	Overview of the Pali Tipitaka & Post-Canonical Literature	
<b>5.0</b>		<b>Buddhism for Lay People :</b>	<b>2</b>
	5.1	Precepts: Pancasila, Atthasila, Selections from the Sigalovada Sutta	
<b>6.0</b>		<b>Buddhist Meditation: Samatha and Vipassana</b>	<b>2</b>
<b>7.0</b>		<b>Formation of Sangha and the Foremost Disciples</b>	<b>2</b>
<b>8.0</b>		<b>Buddhist Councils</b>	<b>2</b>
<b>9.0</b>		<b>Rock-cut Buddhist Architecture in Maharashtra</b>	<b>4</b>
	9.1	Development of Stupa, Chaitya and Vihara architecture.	
	9.2	Buddhist Art in Maharashtra	
<b>10.0</b>		<b>Contributors to the Revival of Buddhism in India:</b>	<b>4</b>
	10.1	Anagarika Dhammapala, Bhikkhu Jagdish Kashyap	
	10.2	Acharya Dharmanand Kosambi, Dr Babasaheb Ambedkar	
		<b>Total</b>	<b>30</b>

**Recommended books:**

<b>Sr. No.</b>	<b>Name/s of Author/s</b>	<b>Title of Book</b>	<b>Publisher</b>	<b>Year of Publication</b>
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<b>1.</b>	Dharmanand Kosambi	Buddha Leela Sar Sangrah	Maharashtra Rajya Sahitya ani Sanskruti. India	2007
<b>2</b>	Mahasi Sayadaw	Dhammacakkapavattana sutta	Sukhi Hotu Sdn Bhd, Malaysia	1998
<b>3</b>	Bhikkhu Bodhi	The Noble Eightfold Path	The Wheel Publication Kandy	1994
<b>4</b>	Translator-Bhikkhu Nanamoli	The Path Of Purification	Buddhist Publication Society, Srilanka	2010
<b>5</b>	Robert E Buswell	Encyclopedia of Buddhism	Macmillan Reference, USA	2004
<b>6</b>	Thich Nhat Hanh	The Heart Of Buddha's Teachings	Random House, Australia	1998
<b>7</b>	Romila Thapar (Trans. Dr Shirgaokar)	Ashok ani Mauryancha Rhas	Maharashtra Rajya Sahitya ani Sanskruti. India	2007
<b>8</b>	Bhatt, Janardan	Ashok ke Dharmlekh	Publications Division, Ministry of I&B, Government of India	
<b>9</b>	Bapat, P. V.	2500 years of Buddhism	Publications Division, Ministry of I&B, Government of India	1976
<b>10</b>	Fergusson, J	The Cave Temples of India	Cambridge University Press	1990